

## **Lesson 4 - Kitchen tools and equipment**

**Purpose:** To teach the names and uses of basic cooking equipment and how to use it.

**Instructor's Note:** Some learners may be completely unfamiliar with the tools for cooking. Others may need to learn vocabulary for utensils they already know how to use. Others may need to learn how to use appliances and other equipment. Talk to the learners to find out what they need and want to learn.



**Tip:** If learners are unfamiliar with the names of kitchen equipment, repeat the word several times and ask them to repeat it.

**You will need:**  
A variety of kitchen tools  
Flip chart or white board

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### **Literacy Stage 1**

#### **Activity 1**

1. Show learners different kitchen tools and ask them to name the items. Write the names of the tools on a flip chart or white board.
2. Hand out [Activity Sheet 4.5: Kitchen Equipment](#). Ask learners to match the words with the pictures.

### **Literacy Stage 2**

#### **Activity 2**

1. Hand out [Resource Sheet 4.3 : Setting Up a Kitchen – Basic Equipment](#). Read it together as a group. Talk about each section. Ask for additions to the list.
2. Hand out [Activity Sheet 4.6: Kitchen Equipment Crossword](#). Ask learners to fill in the crossword puzzle.

### **Literacy Stage 3**

#### **Activity 3**

1. Show learners different kitchen tools and ask them to name the items. Write the names of the tools on a flip chart or white board.
2. Give each learner a simple recipe. Read the recipe aloud as a group. See [Now You're Cooking!](#) and select either Metric or Imperial recipes from these cookbooks. Examples: **Grilled Cheese Sandwich, Bannock, Chili Con Carne**
3. Ask learners to write a list of all the equipment they would need to make the recipe. Discuss their choices.



### Kitchen Equipment

Match the words with the pictures. Write the names on the lines.

kettle  
sauce pan  
knife

whisk  
wooden spoon  
can opener

measuring spoons  
toaster  
ladle

 _____	 _____	 _____
 _____	 _____	 _____
 _____	 _____	 _____

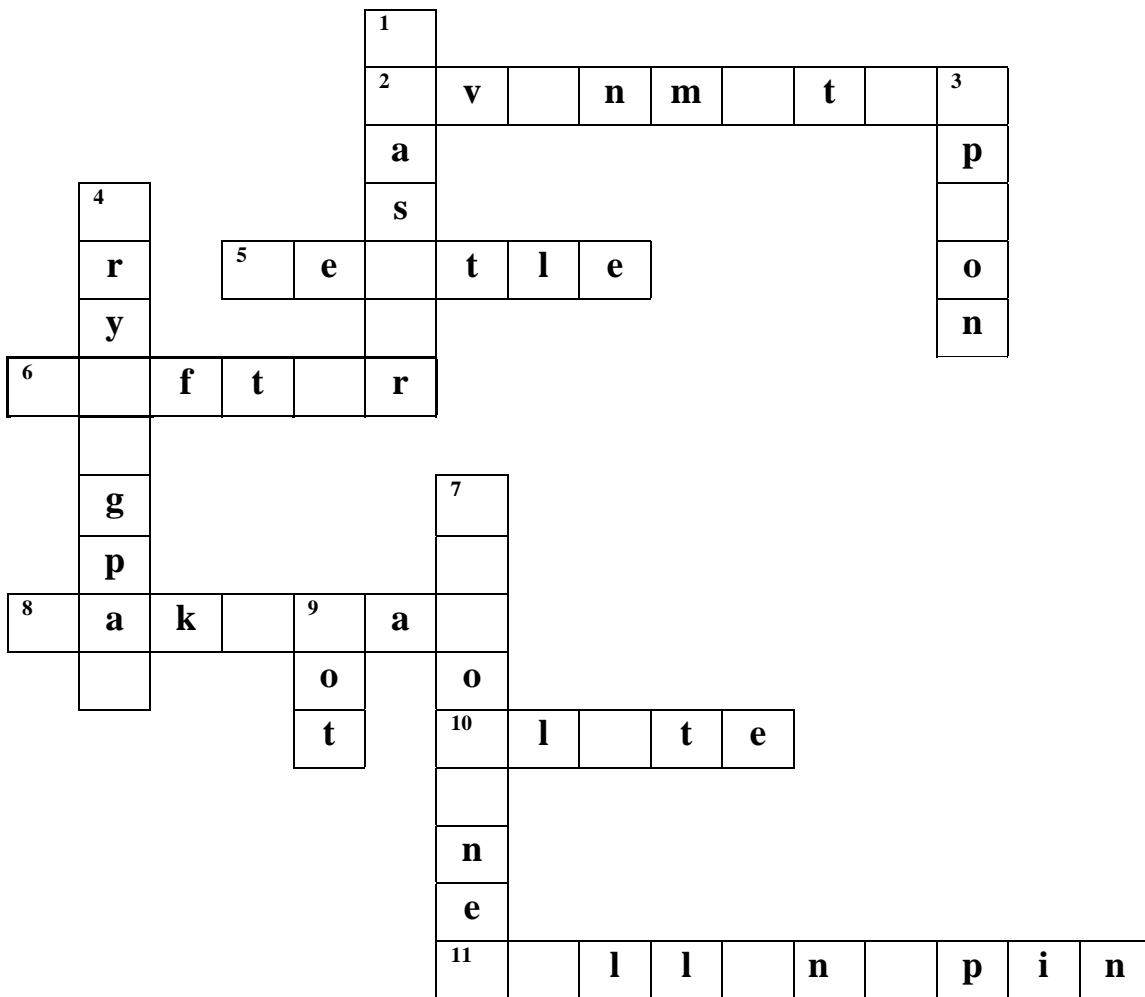
## Setting Up a Kitchen – Basic Equipment

When setting up a kitchen for the first time, you need some basic items. Here is a guideline for a household of two people.

<b>Tableware</b>	4 large plates 4 small plates 4 soup/cereal bowls 4 cups 4 glasses	4 knives 4 forks 4 teaspoons 4 soup spoons	salad bowl casserole with lid medium bowl platter
<b>Cookware</b>	small pot with lid medium pot with lid large pot with lid	fry pan with lid baking sheet baking pan	
<b>Utensils</b>	mixing bowl plastic cutting board can opener peeler small knife large knife bread knife	large spoon slotted spoon flipper/lifter spatula measuring cup measuring spoons	hot pads oven mitts grater colander tongs masher
<b>Small Appliances</b>	kettle toaster mixer		
<b>Cleaning</b>	dish rack and drain board 2 tea towels 2 dish clothes pot scrubber		



### Kitchen Equipment Crossword



**Across**

2. oven mitts

5. kettle

6. lifter

8. cake pan

10. plate

11. rolling pin

**Down**

1. toaster

3. spoon

4. frying pan

7. can opener

9. pot