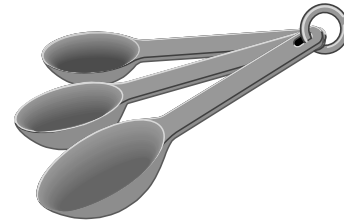


Measuring Ingredients – Metric

Measuring Utensils

1. dry measure - 50 millilitres (mL)
2. dry measure - 125 mL
3. dry measure - 250 mL
4. liquid measure - 250 mL
5. liquid measure - 500 mL
6. liquid measure - 1 000 mL
7. small measure - 1 mL
8. small measure - 2 mL
9. small measure - 5 mL
10. small measure - 15 mL
11. small measure - 25 mL



Write the numbers of the measures needed to measure the following ingredients.

Example:

250 mL sugar 3

7 mL nutmeg 8 and 9

175 mL water _____

25 mL corn starch _____

5 mL vanilla _____

250 mL oil _____

15 mL baking soda _____

5 mL vinegar _____

175 mL brown sugar _____

20 mL baking powder _____

3 mL pepper _____

150 mL shortening _____

25 mL milk _____

125 mL raisins _____

75 mL lemon juice _____

250 mL flour _____

2 mL salt _____

5 mL cinnamon _____